

D.A.V Public School

Sector 3 Dhurwa, Ranchi

Session 2020-2021

Holiday Homework

Class-4 Sub- Science

1.Name the following

a.Energy giving food _____

b.Bodybuilding food _____

c.Protective food _____

d.Undigested food _____

2. Give two examples of food items that are rich in the nutrients

Nutrients

Sources

a. Carbohydrates

b. Fats

c. Proteins

d. Vitamins

e. Minerals

3. Draw it in a chart paper

number 1 .Balance diet

number 2. The human digestive system

number 3. microorganisms

i. virus ii. bacteria

iii.fungi iv.Protozoa

4 .First aid box

5. learn all the exercise of lesson - 1,2,3 and 4

6. Draw and write -States of matter

7. Write about natural fibres and paste some examples of plants fibres and animals fibres.

8. Do all the exercise of L- 5 in your sc copy.